

From London

Saturday 28 August 2021

London Fenchurch Street	d																											07 53	08 00	
Limehouse																												07 57	08 04	
West Ham																												08 03	08 09	
London Liverpool Street	d																													
Stratford																														
Barking																												08 08	08 14	
Upminster			04 25	04 25	04 55	04 55	05 25	05 25	05 45	05 55	05 59	06 05	06 25	06 25	06 30	06 40	06 45	06 55	06 56	07 05	07 10	07 25	07 25	07 26	07 40	07 45	07 55	07 56	08 17	08 23
Ockendon			04 38			05 08		05 38	05 58			06 18		06 38			06 58			07 18			07 38			07 58		08 22		
Chafford Hundred (Lakeside)			04 50			05 20		05 50	06 10			06 30		06 50			07 10			07 30			07 50		08 10			08 26		
Dagenham Dock																														
Rainham											06 19				06 50				07 16					07 46			08 16			
Purfleet											06 31			07 02				07 28					07 58			08 28				
Grays			05 02			05 32		06 02	06 22		06 46		06 42		07 02	07 17		07 22		07 42			08 02		08 13		08 22	08 43	08 30	
Tilbury Town			05 11			05 41		06 11	06 31			06 51		07 11			07 31		07 51			08 11			08 22		08 43	08 33		
East Tilbury			05 23			05 53		06 23	06 43			07 03		07 23			07 43			08 03			08 23					08 39		
Stanford-le-Hope			05 33			06 03		06 33	06 53			07 13		07 33			07 53			08 13			08 33					08 43		
West Horndon				04 38	05 08		05 38				06 08			06 38		06 53		07 08			07 23	07 38			07 53		08 08		08 28	
Laindon				04 53	05 23		05 53				06 23			06 53			07 08		07 23		07 38	07 53			08 08		08 23		08 32	
Basildon		04 32		05 02	05 32		06 02				06 32			07 02		07 17		07 32		07 47	08 02			08 17				08 36		
Pitsea		04 41	05 45	05 11	05 41	06 15	06 11	06 45	07 05	06 41		07 25	07 11	07 45		07 26	08 05	07 41		08 25	07 56	08 11	08 45		08 26			08 51	08 39	
Benfleet		04 53		05 23	05 53		06 23			06 53		07 23			07 38		07 53			08 08	08 23							08 55	08 43	
Leigh-on-Sea		05 13		05 43	06 13		06 43			07 13			07 43		07 58		08 13			08 28	08 38							09 00	08 47	
Chalkwell		05 19		05 49	06 19		06 49			07 19			07 49		08 04		08 19			08 34								09 02	08 50	
Westcliff		05 25		05 55	06 25		06 55			07 25		07 55		08 10		08 25			08 40									09 04	08 52	
Southend Central	a	05 33		06 03	06 33		07 03			07 33			08 03			08 18		08 33			08 48							09 07	08 54	
Southend Central	d	05 34		06 04	06 34		07 04			07 34			08 04		08 19		08 34											09 07	08 55	
Southend East		05 40		06 10	06 40		07 10			07 40			08 10		08 25		08 40											09 09	08 57	
Thorpe Bay		05 46		06 16	06 46		07 16			07 46			08 16		08 31		08 46											09 12	08 59	
Shoeburyness	a	05 53		06 23	06 53		07 23			07 53			08 23		08 38		08 53											09 19	09 05	

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London Fenchurch Street	d	08 23	08 30	08 53	09 00	09 23	09 30	09 53	10 00	10 23	10 30	10 53	11 00	11 23	11 30	
Limehouse		08 27	08 34	08 57	09 04	09 27	09 34	09 57	10 04	10 27	10 34	10 57	11 04	11 27	11 34	
West Ham		08 33	08 39	09 03	09 09	09 33	09 39	10 03	10 09	10 33	10 39	11 03	11 09	11 33	11 39	
London Liverpool Street	d	08 45	08 52	09 15	09 22	09 45	09 52	10 15	10 22	10 45	10 52	11 15	11 22	11 45	11 52	
Barking		08 38	08 44	09 03	09 08	09 14	09 33	09 38	09 44	10 03	10 08	10 14	10 33	10 38	10 44	12 03
Upminster		08 26	08 47	08 53	08 56	09 13	09 17	09 23	09 26	09 43	09 47	09 53	09 56	10 13	10 17	12 13
Ockendon		08 52		09 22		09 52		10 22		10 52		11 22		11 52		
Chafford Hundred (Lakeside)		08 56		09 26		09 56		10 26		10 56		11 26		11 56		
Dagenham Dock																
Rainham		08 46		09 16		09 46		10 16		10 46		11 16		11 46		12 16
Purfleet		08 58		09 28		09 58		10 28		10 58		11 28		11 58		12 28
Grays		09 13	09 00	09 43		10 13		10 00		10 43		11 13		11 30		12 43
Tilbury Town			09 03		09 33		10 03		10 33		11 03		11 33		12 03	
East Tilbury			09 09		09 39		10 09		10 39		11 09		11 39		12 09	
Stanford-le-Hope			09 13		09 43		10 13		10 43		11 13		11 43		12 13	
West Horndon			08 58		09 28		09 58		10 28		10 58		11 28		11 58	
Laindon			09 02	09 21	09 32	09 51	10 02	10 21	10 32	10 51	11 02	11 21	11 32	11 51	12 02	12 21
Basildon			09 06	09 24	09 36	09 54	10 06	10 24	10 36	10 54	11 06	11 24	11 36	11 54	12 06	12 24
Pitsea		09 21	09 09	09 51	09 39	10 21	10 09	10 51	10 39	11 21	11 09	11 51	11 39	12 21	12 09	
Benfleet		09 25	09 13	09 30	09 55	09 43	10 00	10 25	10 13	10 30	10 55	10 43	11 00	11 25	11 13	12 30
Leigh-on-Sea		09 30	09 17	09 34	10 00	09 47	10 04	10 30	10 17	10 34	11 00	10 47	11 04	11 30	11 17	12 34
Chalkwell		09 32	09 20	09 37	10 02	09 50	10 07	10 32	10 20	10 37	11 02	10 50	11 07	11 32	11 20	12 37
Westcliff		09 34	09 22	09 39	10 04	09 52	10 09	10 34	10 22	10 39	11 04	10 52	11 09	11 34	11 22	12 39
Southend Central	a	09 37	09 24	09 41	10 07	09 54	10 11	10 37	10 24	10 41	11 07	10 54	11 11	11 37	11 24	12 41
Southend Central	d	09 37	09 25	09 42	10 07	09 55	10 12	10 37	10 25	10 42	11 07	10 55	11 12	11 37	11 25	12 42
Southend East		09 39	09 27	09 44	10 09	09 57	10 14	10 39	10 27	10 44	11 09	10 57	11 14	11 39	11 27	12 44
Thorpe Bay		09 42	09 29	09 46	10 12	09 59	10 16	10 42	10 29	10 46	11 12	10 59	11 16	11 42	11 29	12 46
Shoeburyness	a	09 49	09 35	09 52	10 19	10 05	10 22	10 49	10 35	10 52	11 19	11 05	11 22	11 49	11 35	12 52

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London Fenchurch Street	d	11 53	12 00			12 23	12 30			12 53	13 00			13 23	13 30			13 53	14 00			14 23	14 30			14 53	15 00			15 23
Limehouse		11 57	12 04			12 27	12 34			12 57	13 04			13 27	13 34			13 57	14 04			14 27	14 34			14 57	15 04			15 27
West Ham		12 03	12 09			12 33	12 39			13 03	13 09			13 33	13 39			14 03	14 09			14 33	14 39			15 03	15 09			15 33
London Liverpool Street	d					12 15				12 45				13 15				13 45				14 15				14 45				15 15
Stratford						12 22				12 52				13 22				13 52				14 22				14 52				15 22
Barking		12 08	12 14			12 33	12 38	12 44		13 03	13 08	13 14		13 33	13 38	13 44		14 03	14 08	14 14		14 33	14 38	14 44		15 03	15 08	15 14		15 38
Upminster		12 17	12 23	12 26	12 43	12 47	12 53	12 56	13 13	13 17	13 23	13 26	13 43	13 47	13 53	13 56	14 13	14 17	14 23	14 26	14 43	14 47	14 53	14 56	15 13	15 17	15 23	15 26	15 43	15 47
Ockendon		12 22				12 52				13 22				13 52				14 22				14 52				15 22				15 52
Chafford Hundred (Lakeside)		12 26				12 56				13 26				13 56				14 26				14 56				15 26				15 56
Dagenham Dock																														
Rainham				12 46				13 16				13 46				14 16				14 46					15 16				15 46	
Purfleet				12 58				13 28				13 58				14 28				14 58					15 28				15 58	
Grays		12 30		13 13		13 00		13 43		13 30		14 13		14 00		14 43		14 30		15 13		15 00		15 43		15 30		16 13		16 00
Tilbury Town		12 33				13 03				13 33				14 03				14 33				15 03				15 33				16 03
East Tilbury		12 39				13 09				13 39				14 09				14 39				15 09				15 39				16 09
Stanford-le-Hope		12 43				13 13				13 43				14 13				14 43				15 13				15 43				16 13
West Horndon			12 28				12 58				13 28				13 58				14 28				14 58				15 28			
Laindon			12 32		12 51		13 02		13 21		13 32		13 51		14 02		14 21		14 32		14 51		15 02		15 21		15 32		15 51	
Basildon			12 36		12 54		13 06		13 24		13 36		13 54		14 06		14 24		14 36		14 54		15 06		15 24		15 36		15 54	
Pitsea		12 51	12 39			13 21	13 09			13 51	13 39			14 21	14 09			14 51	14 39			15 21	15 09			15 51	15 39			16 21
Benfleet		12 55	12 43		13 00	13 25	13 13		13 30	13 55	13 43		14 00	14 25	14 13		14 30	14 55	14 43		15 00	15 25	15 13		15 30	15 55	15 43		16 00	16 25
Leigh-on-Sea		13 00	12 47		13 04	13 30	13 17		13 34	14 00	13 47		14 04	14 30	14 17		14 34	15 00	14 47		15 04	15 30	15 17		15 34	16 00	15 47		16 04	16 30
Chalkwell		13 02	12 50		13 07	13 32	13 20		13 37	14 02	13 50		14 07	14 32	14 20		14 37	15 02	14 50		15 07	15 32	15 20		15 37	16 02	15 50		16 07	16 32
Westcliff		13 04	12 52		13 09	13 34	13 22		13 39	14 04	13 52		14 09	14 34	14 22		14 39	15 04	14 52		15 09	15 34	15 22		15 39	16 04	15 52		16 09	16 34
Southend Central	a	13 07	12 54		13 11	13 37	13 24		13 41	14 07	13 54		14 11	14 37	14 24		14 41	15 07	14 54		15 11	15 37	15 24		15 41	16 07	15 54		16 11	16 37
Southend Central	d	13 07	12 55		13 12	13 37	13 25		13 42	14 07	13 55		14 12	14 37	14 25		14 42	15 07	14 55		15 12	15 37	15 25		15 42	16 07	15 55		16 12	16 37
Southend East		13 09	12 57		13 14	13 39	13 27		13 44	14 09	13 57		14 14	14 39	14 27		14 44	15 09	14 57		15 14	15 39	15 27		15 44	16 09	15 57		16 14	16 39
Thorpe Bay		13 12	12 59		13 16	13 42	13 29		13 46	14 12	13 59		14 16	14 42	14 29		14 46	15 12	14 59		15 16	15 42	15 29		15 46	16 12	15 59		16 16	16 42
Shoeburyness	a	13 19	13 05		13 22	13 49	13 35		13 52	14 19	14 05		14 22	14 49	14 35		14 52	15 19	15 05		15 22	15 49	15 35		15 52	16 19	16 05		16 22	16 49

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London Fenchurch Street	d	15 30			15 53	16 00			16 23	16 30			16 53	17 00			17 23	17 30			17 53	18 00			18 23	18 30			18 53	19 00
Limehouse		15 34			15 57	16 04			16 27	16 34			16 57	17 04			17 27	17 34			17 57	18 04			18 27	18 34			18 57	19 04
West Ham		15 39			16 03	16 09			16 33	16 39			17 03	17 09			17 33	17 39			18 03	18 09			18 33	18 39			19 03	19 09
London Liverpool Street	d			15 45				16 15				16 45				17 15				17 45				18 15				18 45		
Stratford				15 52				16 22				16 52				17 22				17 52				18 22				18 52		
Barking		15 44		16 03	16 08	16 14		16 33	16 38	16 44		17 03	17 08	17 14		17 33	17 38	17 44		18 03	18 08	18 14		18 33	18 38	18 44		19 03	19 08	19 14
Upminster		15 53	15 56	16 13	16 17	16 23	16 26	16 43	16 47	16 53	16 56	17 13	17 17	17 23	17 26	17 43	17 47	17 53	17 56	18 13	18 17	18 23	18 26	18 43	18 47	18 53	18 56	19 13	19 17	19 23
Ockendon					16 22				16 52				17 22				17 52				18 22				18 52				19 22	
Chafford Hundred (Lakeside)					16 26				16 56				17 26				17 56				18 26				18 56				19 26	
Dagenham Dock																														
Rainham			16 16				16 46				17 16				17 46				18 16				18 46				19 16			
Purfleet			16 28				16 58				17 28				17 58				18 28				18 58				19 28			
Grays			16 43		16 30		17 13		17 00		17 43		17 30		18 13		18 00		18 43		18 30		19 13		19 00		19 43		19 30	
Tilbury Town					16 33				17 03				17 33			18 03				18 33				19 03				19 33		
East Tilbury					16 39				17 09				17 39			18 09				18 39				19 09				19 39		
Stanford-le-Hope					16 43				17 13				17 43			18 13				18 43				19 13				19 43		
West Horndon		15 58			16 28			16 58				17 28				17 58				18 28				18 58				19 28		
Laindon		16 02		16 21		16 32		16 51		17 02		17 21		17 32		17 51		18 02		18 21		18 32		18 51		19 02		19 21		19 32
Basildon		16 06		16 24		16 36		16 54		17 06		17 24		17 36		17 54		18 06		18 24		18 36		18 54		19 06		19 24		19 36
Pitsea		16 09			16 51	16 39			17 21	17 09			17 51	17 39			18 21	18 09			18 51	18 39			19 21	19 09			19 51	19 39
Benfleet		16 13		16 30	16 55	16 43		17 00	17 25	17 13		17 30	17 55	17 43		18 00	18 25	18 13		18 30	18 55	18 43		19 00	19 25	19 13		19 30	19 55	19 43
Leigh-on-Sea		16 17		16 34	17 00	16 47		17 04	17 30	17 17		17 34	18 00	17 47		18 04	18 30	18 17		18 34	19 00	18 47		19 04	19 30	19 17		19 34	20 00	19 47
Chalkwell		16 20		16 37	17 02	16 50		17 07	17 32	17 20		17 37	18 02	17 50		18 07	18 32	18 20		18 37	19 02	18 50		19 07	19 32	19 20		19 37	20 02	19 50
Westcliff		16 22		16 39	17 04	16 52		17 09	17 34	17 22		17 39	18 04	17 52		18 09	18 34	18 22		18 39	19 04	18 52		19 09	19 34	19 22		19 39	20 04	19 52
Southend Central	a	16 24		16 41	17 07	16 54		17 11	17 37	17 24		17 41	18 07	17 54		18 11	18 37	18 24		18 41	19 07	18 54		19 11	19 37	19 24		19 41	20 07	19 54
Southend Central	d	16 25		16 42	17 07	16 55		17 12	17 37	17 25		17 42	18 07	17 55		18 12	18 37	18 25		18 42	19 07	18 55		19 12	19 37	19 25		19 42	20 07	19 55
Southend East		16 27		16 44	17 09	16 57		17 14	17 39	17 27		17 44	18 09	17 57		18 14	18 39	18 27		18 44	19 09	18 57		19 14	19 39	19 27		19 44	20 09	19 57
Thorpe Bay		16 29		16 46	17 12	16 59		17 16	17 42	17 29		17 46	18 12	17 59		18 16	18 42	18 29		18 46	19 12	18 59		19 16	19 42	19 29		19 46	20 12	19 59
Shoeburyness	a	16 35		16 52	17 19	17 05		17 22	17 49	17 35		17 52	18 19	18 05		18 22	18 49	18 35		18 52	19 19	19 05		19 22	19 49	19 35		19 52	20 19	20 05

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London Fenchurch Street	d	19 23	19 30	19 53	20 00	20 23	20 30	20 53	21 00	21 23	21 30	21 53	22 00	22 23	22 30
Limehouse		19 27	19 34	19 57	20 04	20 27	20 34	20 57	21 04	21 27	21 34	21 57	22 04	22 27	22 34
West Ham		19 33	19 39	20 03	20 09	20 33	20 39	21 03	21 09	21 33	21 39	22 03	22 09	22 33	22 39
London Liverpool Street	d	19 15	19 22	19 45	19 52	20 15	20 22	20 45	20 52	21 15	21 22	21 45	21 52	22 15	22 22
Stratford		19 33	19 38	19 44	20 03	20 08	20 14	20 33	20 38	20 44	21 03	21 08	21 14	21 33	21 38
Barking		19 26	19 43	19 47	19 53	20 13	20 17	20 23	20 26	20 43	20 47	20 53	20 56	21 13	21 17
Upminster		19 52	19 52	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Ockendon		19 56	19 56	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Chafford Hundred (Lakeside)		19 56	19 56	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Dagenham Dock		19 46	19 46	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Rainham		19 58	19 58	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Purfleet		20 13	20 13	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Grays		20 03	20 03	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Tilbury Town		20 09	20 09	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
East Tilbury		20 13	20 13	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00	20 00
Stanford-le-Hope		19 51	19 51	20 02	20 02	20 02	20 02	20 02	20 02	20 02	20 02	20 02	20 02	20 02	20 02
West Horndon		19 54	19 54	20 06	20 06	20 06	20 06	20 06	20 06	20 06	20 06	20 06	20 06	20 06	20 06
Laindon		20 21	20 21	20 09	20 09	20 09	20 09	20 09	20 09	20 09	20 09	20 09	20 09	20 09	20 09
Basildon		20 00	20 00	20 13	20 13	20 13	20 13	20 13	20 13	20 13	20 13	20 13	20 13	20 13	20 13
Pitsea		20 04	20 04	20 17	20 17	20 17	20 17	20 17	20 17	20 17	20 17	20 17	20 17	20 17	20 17
Benfleet		20 07	20 07	20 20	20 20	20 20	20 20	20 20	20 20	20 20	20 20	20 20	20 20	20 20	20 20
Leigh-on-Sea		20 09	20 09	20 22	20 22	20 22	20 22	20 22	20 22	20 22	20 22	20 22	20 22	20 22	20 22
Chalkwell		20 11	20 11	20 24	20 24	20 24	20 24	20 24	20 24	20 24	20 24	20 24	20 24	20 24	20 24
Westcliff		20 12	20 12	20 25	20 25	20 25	20 25	20 25	20 25	20 25	20 25	20 25	20 25	20 25	20 25
Southend Central	a	20 14	20 14	20 27	20 27	20 27	20 27	20 27	20 27	20 27	20 27	20 27	20 27	20 27	20 27
Southend Central	d	20 16	20 16	20 29	20 29	20 29	20 29	20 29	20 29	20 29	20 29	20 29	20 29	20 29	20 29
Southend East		20 22	20 22	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35
Thorpe Bay		20 22	20 22	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35
Shoeburyness	a	20 22	20 22	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35	20 35

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London Fenchurch Street	d		22 53	23 00		23 23	23 30		23 43		00 05	00 15	00 41
Limehouse			22 57	23 04		23 27	23 34		23 47		00 09	00 19	00 45
West Ham			23 03	23 09		23 33	23 39		23 53		00 14	00 25	00 50
London Liverpool Street	d	22 41				23 11				23 48			
Stratford		22 48				23 18				23 55			
Barking		23 03	23 08	23 14		23 30	23 38	23 44		23 58	00 06	00 20	00 56
Upminster		23 13	23 17	23 23	23 26	23 40	23 47	23 53	23 56	00 07	00 15	00 28	01 04
Ockendon			23 22			23 52				00 12		00 44	
Chafford Hundred (Lakeside)			23 26			23 56				00 16		00 48	
Dagenham Dock													
Rainham					23 46			00 16					
Purfleet					23 58			00 28					
Grays			23 30		00 13		00 02	00 43	00 20			00 52	
Tilbury Town			23 33			00 05			00 23			00 55	
East Tilbury			23 39			00 11			00 29			01 01	
Stanford-le-Hope			23 43			00 14			00 33			01 05	
West Horndon				23 28		23 45		23 58		00 20	00 33		01 09
Laindon		23 21		23 32		23 49		00 01		00 25	00 38		01 14
Basildon		23 24		23 36		23 53		00 06		00 29	00 41		01 17
Pitsea			23 51	23 39		23 56	00 22	00 09		00 41	00 32	00 45	01 13
Benfleet		23 30	23 55	23 43		23 59	00 26	00 13		00 45	00 36	00 48	01 17
Leigh-on-Sea		23 34	23 59	23 47		00 04	00 30	00 17		00 49	00 40	00 53	01 21
Chalkwell		23 37	00 02	23 50		00 07	00 33	00 20		00 52	00 43	00 55	01 24
Westcliff		23 39	00 04	23 52		00 09	00 35	00 22		00 54	00 45	00 57	01 26
Southend Central	a	23 41	00 06	23 54		00 11	00 37	00 24		00 56	00 47	01 00	01 28
Southend Central	d	23 42	00 07	23 55		00 12	00 37	00 25		00 56	00 48	01 00	01 28
Southend East		23 44	00 09	23 57		00 14	00 39	00 27		00 58	00 50	01 02	01 30
Thorpe Bay		23 46	00 11	23 59		00 16	00 42	00 29		01 01	00 52	01 05	01 33
Shoeburyness	a	23 52	00 17	00 05		00 22	00 48	00 35		01 07	00 58	01 11	01 39

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Shoeburyness	d			02 50		03 20				03 50		04 05		04 20		04 35			04 50		05 05		05 20		05 35			05 50			
Thorpe Bay				02 57		03 27				03 57		04 12		04 27		04 42			04 57		05 12		05 27		05 42			05 57			
Southeast East				03 03		03 33				04 03		04 18		04 33		04 48			05 03		05 18		05 33		05 48			06 03			
Southeast Central	a			03 10		03 40				04 10		04 25		04 40		04 55			05 10		05 25		05 40		05 55			06 10			
Southeast Central	d			03 12		03 42				04 12		04 27		04 42		04 57			05 12		05 27		05 42		05 57			06 12			
Westcliff				03 18		03 48				04 18		04 33		04 48		05 03			05 18		05 33		05 48		06 03			06 18			
Chalkwell				03 24		03 54				04 24		04 39		04 54		05 09			05 24		05 39		05 54		06 09			06 24			
Leigh-on-Sea				03 36		04 06				04 36		04 51		05 06		05 21			05 36		05 51		06 06		06 21			06 36			
Benfleet				03 51		04 21				04 51		05 06		05 21		05 36			05 51		06 06		06 21		06 36			06 51			
Pitsea		03 25	03 55	04 03	04 15	04 33	04 35			04 55	05 03	05 15	05 18		05 33	05 35	05 48		05 55	06 03	06 15	06 18		06 33	06 35	06 48		06 55	07 03		
Basildon				04 12		04 42				05 12		05 27			05 42		05 57			06 12		06 27		06 42		06 57			07 12		07 15
Laindon				04 21		04 51				05 21		05 36			05 51		06 06			06 21		06 36		06 51		07 06			07 21	07 56	
West Horndon				04 36		05 06				05 36		05 51			06 06		06 21			06 36		06 51		07 06		07 21			07 36		
Stanford-le-Hope		03 37	04 07		04 27		04 47		05 07		05 27				05 47			06 07		06 27				06 47			07 07			07 27	
East Tilbury		03 47	04 17		04 37		04 57		05 17		05 37				05 57			06 17		06 37				06 57			07 17			07 37	
Tilbury Town		03 59	04 29		04 49		05 09		05 29		05 49				06 09			06 29		06 49				07 09			07 29			07 49	
Grays		04 08	04 38		04 58		05 18	05 34	05 38		05 58		06 06		06 18		06 34	06 38		06 58			07 05		07 18		07 35	07 38			07 55
Purfleet								05 47					06 19				06 47					07 20				07 50					
Rainham								05 58					06 30				06 58					07 32				08 02					
Dagenham Dock																															
Chafford Hundred (Lakeside)		04 20	04 50		05 10		05 30		05 50		06 10				06 30			06 50		07 10				07 30			07 50			08 10	
Ockendon		04 32	05 02		05 22		05 42		06 02		06 22				06 42			07 02		07 22				07 42			08 02			08 22	
Upminster		04 45	05 15	04 49	05 35	05 19	05 55	06 17	06 15	05 49	06 35	06 04	06 49	06 19	06 55	06 34	07 17	07 15	06 49	07 35	07 04	07 52	07 19	07 55	07 34	08 22	08 15	07 49	08 04	08 35	
Barking																														08 14	
Stratford																														08 26	
London Liverpool Street	a																													08 35	
West Ham																															
Limehouse																															
London Fenchurch Street	a																														

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Shoeburyness	d	06 05	06 20	06 35	06 50	07 15	07 30	07 55	08 09	08 13	08 25	08 39	08 43	08 55	09 09	09 13	09 25	09 39	09 43	09 55	10 09
Thorpe Bay		06 12	06 27	06 42	06 57	07 22	07 37	07 59	08 13	08 17	08 29	08 43	08 47	08 59	09 13	09 17	09 29	09 43	09 47	09 59	10 13
Southend East		06 18	06 33	06 48	07 03	07 28	07 43	08 01	08 15	08 19	08 31	08 45	08 49	09 01	09 15	09 19	09 31	09 45	09 49	10 01	10 15
Southend Central	a	06 25	06 40	06 55	07 10	07 35	07 50	08 04	08 18	08 22	08 34	08 48	08 52	09 04	09 18	09 22	09 34	09 48	09 52	10 04	10 18
Southend Central	d	06 27	06 42	06 57	07 12	07 48	07 52	08 04	08 18	08 22	08 34	08 48	08 52	09 04	09 18	09 22	09 34	09 48	09 52	10 04	10 18
Westcliff		06 33	06 48	07 03	07 18	07 50	07 54	08 06	08 20	08 24	08 36	08 50	08 54	09 06	09 20	09 24	09 36	09 50	09 54	10 06	10 20
Chalkwell		06 39	06 54	07 09	07 24	07 53	07 57	08 09	08 23	08 27	08 39	08 53	08 57	09 09	09 23	09 27	09 39	09 53	09 57	10 09	10 23
Leigh-on-Sea		06 51	07 01	07 21	07 31	07 56	08 00	08 11	08 26	08 30	08 41	08 56	09 00	09 11	09 26	09 30	09 41	09 56	10 00	10 11	10 26
Benfleet		07 06	07 16	07 36	07 46	08 01	08 05	08 16	08 31	08 35	08 46	09 01	09 05	09 16	09 31	09 35	09 46	10 01	10 05	10 16	10 31
Pitsea		07 18	07 28	07 35	07 48	07 58	08 04	08 10	08 34	08 40	08 52	09 04	09 10	09 22	09 34	09 40	09 52	10 04	10 10	10 22	10 34
Basildon		07 27	07 37	07 57	08 08	08 12	08 22	08 26	08 38	08 42	08 56	09 08	09 12	09 26	09 38	09 42	09 56	10 08	10 12	10 26	10 38
Laindon		07 36	07 46	08 09	08 16	08 26	08 34	08 40	08 56	09 04	09 10	09 26	09 34	09 40	09 56	10 04	10 10	10 26	10 34	10 40	10 46
West Horndon		07 51	08 05	08 18	08 30	08 35	08 46	08 50	09 00	09 05	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26
Stanford-le-Hope		07 47	07 57	08 09	08 16	08 20	08 26	08 34	08 38	08 44	08 50	09 04	09 08	09 16	09 20	09 34	09 38	09 44	09 50	10 04	10 08
East Tilbury		07 57	08 09	08 16	08 20	08 26	08 34	08 38	08 44	08 50	09 04	09 08	09 16	09 20	09 34	09 38	09 44	09 50	10 04	10 08	10 16
Tilbury Town		08 09	08 16	08 20	08 26	08 34	08 38	08 44	08 50	09 04	09 08	09 16	09 20	09 34	09 38	09 44	09 50	10 04	10 08	10 16	10 20
Grays		08 05	08 18	08 30	08 35	08 46	08 50	09 00	09 05	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34
Purfleet		08 20	08 32	08 44	08 50	09 02	09 08	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34	10 40	10 46
Rainham		08 32	08 44	08 50	09 02	09 08	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34	10 40	10 46	10 52
Dagenham Dock		08 44	08 50	09 02	09 08	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34	10 40	10 46	10 52	10 58
Chafford Hundred (Lakeside)		08 34	08 38	08 44	08 50	09 02	09 08	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34	10 40	10 46
Ockendon		08 38	08 44	08 50	09 02	09 08	09 16	09 20	09 30	09 35	09 46	09 50	10 00	10 05	10 16	10 20	10 26	10 34	10 40	10 46	10 52
Upminster		08 04	08 52	09 04	09 14	09 22	09 30	09 34	09 44	09 52	09 56	10 04	10 08	10 14	10 18	10 24	10 28	10 34	10 38	10 44	10 50
Barking		08 30	08 44	08 56	09 05	09 14	09 23	09 26	09 30	09 34	09 38	09 44	09 48	09 54	10 00	10 04	10 08	10 14	10 18	10 24	10 28
Stratford		08 56	09 05	09 14	09 23	09 26	09 30	09 34	09 38	09 44	09 48	09 54	09 58	10 04	10 08	10 14	10 18	10 24	10 28	10 34	10 38
London Liverpool Street	a	09 05	09 14	09 23	09 26	09 30	09 34	09 38	09 44	09 48	09 54	09 58	10 04	10 08	10 14	10 18	10 24	10 28	10 34	10 38	10 44
West Ham		08 36	08 41	08 46	08 58	09 03	09 09	09 16	09 28	09 33	09 39	09 46	09 58	10 03	10 09	10 16	10 28	10 33	10 39	10 46	10 58
Limehouse		08 41	08 46	08 58	09 03	09 09	09 16	09 28	09 33	09 39	09 46	09 58	10 03	10 09	10 16	10 28	10 33	10 39	10 46	10 58	11 06
London Fenchurch Street	a	08 46	08 58	09 03	09 09	09 16	09 28	09 33	09 39	09 46	09 58	10 03	10 09	10 16	10 28	10 33	10 39	10 46	10 58	11 06	11 16

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Shoeburyness	d	10 13	10 25	10 39	10 43	10 55	11 09	11 13	11 25	11 39	11 43	11 55	12 09	12 13	12 25	12 39	12 43	12 55	13 09	13 13	13 25	13 39	13 43
Thorpe Bay		10 17	10 29	10 43	10 47	10 59	11 13	11 17	11 29	11 43	11 47	11 59	12 13	12 17	12 29	12 43	12 47	12 59	13 13	13 17	13 29	13 43	13 47
Southend East		10 19	10 31	10 45	10 49	11 01	11 15	11 19	11 31	11 45	11 49	12 01	12 15	12 19	12 31	12 45	12 49	13 01	13 15	13 19	13 31	13 45	13 49
Southend Central	a	10 22	10 34	10 48	10 52	11 04	11 18	11 22	11 34	11 48	11 52	12 04	12 18	12 22	12 34	12 48	12 52	13 04	13 18	13 22	13 34	13 48	13 52
Southend Central	d	10 22	10 34	10 48	10 52	11 04	11 18	11 22	11 34	11 48	11 52	12 04	12 18	12 22	12 34	12 48	12 52	13 04	13 18	13 22	13 34	13 48	13 52
Westcliff		10 24	10 36	10 50	10 54	11 06	11 20	11 24	11 36	11 50	11 54	12 06	12 20	12 24	12 36	12 50	12 54	13 06	13 20	13 24	13 36	13 50	13 54
Chalkwell		10 27	10 39	10 53	10 57	11 09	11 23	11 27	11 39	11 53	11 57	12 09	12 23	12 27	12 39	12 53	12 57	13 09	13 23	13 27	13 39	13 53	13 57
Leigh-on-Sea		10 30	10 41	10 56	11 00	11 11	11 26	11 30	11 41	11 56	12 00	12 11	12 26	12 30	12 41	12 56	13 00	13 11	13 26	13 30	13 41	13 56	14 00
Benfleet		10 35	10 46	11 01	11 05	11 16	11 31	11 35	11 46	12 01	12 05	12 16	12 31	12 35	12 46	13 01	13 05	13 16	13 31	13 35	13 46	14 01	14 05
Pitsea		10 40	11 04	11 10	11 34	11 40	12 04	12 10	12 34	12 40	13 04	13 10	13 34	13 40	14 04	14 10	14 34	14 40	15 04	15 10	15 34	15 40	16 04
Basildon		10 52	11 08	11 22	11 38	11 52	12 08	12 22	12 38	12 52	13 08	13 22	13 38	13 52	14 08	14 22	14 38	14 52	15 08	15 22	15 38	15 52	16 08
Laindon		10 56	11 12	11 26	11 42	11 56	12 12	12 26	12 42	12 56	13 12	13 26	13 42	13 56	14 12	14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12
West Horndon		11 16	11 32	11 48	12 04	12 20	12 36	12 52	13 08	13 24	13 40	13 56	14 12	14 28	14 44	15 00	15 16	15 32	15 48	16 04	16 20	16 36	16 52
Stanford-le-Hope		10 46	11 16	11 46	12 16	12 46	13 16	13 46	14 16	14 46	15 16	15 46	16 16	16 46	17 16	17 46	18 16	18 46	19 16	19 46	20 16	20 46	21 16
East Tilbury		10 50	11 20	11 50	12 20	12 50	13 20	13 50	14 20	14 50	15 20	15 50	16 20	16 50	17 20	17 50	18 20	18 50	19 20	19 50	20 20	20 50	21 20
Tilbury Town		10 56	11 26	11 56	12 26	12 56	13 26	13 56	14 26	14 56	15 26	15 56	16 26	16 56	17 26	17 56	18 26	18 56	19 26	19 56	20 26	20 56	21 26
Grays		11 00	11 30	12 00	12 30	13 00	13 30	14 00	14 30	15 00	15 30	16 00	16 30	17 00	17 30	18 00	18 30	19 00	19 30	20 00	20 30	21 00	21 30
Purfleet		11 05	11 35	12 05	12 35	13 05	13 35	14 05	14 35	15 05	15 35	16 05	16 35	17 05	17 35	18 05	18 35	19 05	19 35	20 05	20 35	21 05	21 35
Rainham		11 20	11 50	12 20	12 50	13 20	13 50	14 20	14 50	15 20	15 50	16 20	16 50	17 20	17 50	18 20	18 50	19 20	19 50	20 20	20 50	21 20	21 50
Dagenham Dock		11 32	12 02	12 32	13 02	13 32	14 02	14 32	15 02	15 32	16 02	16 32	17 02	17 32	18 02	18 32	19 02	19 32	20 02	20 32	21 02	21 32	22 02
Chafford Hundred (Lakeside)		11 04	11 34	12 04	12 34	13 04	13 34	14 04	14 34	15 04	15 34	16 04	16 34	17 04	17 34	18 04	18 34	19 04	19 34	20 04	20 34	21 04	21 34
Ockendon		11 08	11 38	12 08	12 38	13 08	13 38	14 08	14 38	15 08	15 38	16 08	16 38	17 08	17 38	18 08	18 38	19 08	19 38	20 08	20 38	21 08	21 38
Upminster		11 14	11 44	12 14	12 44	13 14	13 44	14 14	14 44	15 14	15 44	16 14	16 44	17 14	17 44	18 14	18 44	19 14	19 44	20 14	20 44	21 14	21 44
Barking		11 23	11 53	12 23	12 53	13 23	13 53	14 23	14 53	15 23	15 53	16 23	16 53	17 23	17 53	18 23	18 53	19 23	19 53	20 23	20 53	21 23	21 53
Stratford		11 26	11 56	12 26	12 56	13 26	13 56	14 26	14 56	15 26	15 56	16 26	16 56	17 26	17 56	18 26	18 56	19 26	19 56	20 26	20 56	21 26	21 56
London Liverpool Street	a	11 35	12 05	12 35	13 05	13 35	14 05	14 35	15 05	15 35	16 05	16 35	17 05	17 35	18 05	18 35	19 05	19 35	20 05	20 35	21 05	21 35	22 05
West Ham		11 28	11 58	12 28	12 58	13 28	13 58	14 28	14 58	15 28	15 58	16 28	16 58	17 28	17 58	18 28	18 58	19 28	19 58	20 28	20 58	21 28	21 58
Limehouse		11 33	12 03	12 33	13 03	13 33	14 03	14 33	15 03	15 33	16 03	16 33	17 03	17 33	18 03	18 33	19 03	19 33	20 03	20 33	21 03	21 33	22 03
London Fenchurch Street	a	11 39	12 09	12 39	13 09	13 39	14 09	14 39	15 09	15 39	16 09	16 39	17 09	17 39	18 09	18 39	19 09	19 39	20 09	20 39	21 09	21 39	22 09

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Shoeburyness	d	13 55	14 09	14 13	14 25	14 39	14 43	14 55	15 09	15 13	15 25	15 39	15 43	15 55	16 09	16 13	16 25	16 39	16 43	16 55	17 09	17 13	17 25
Thorpe Bay		13 59	14 13	14 17	14 29	14 43	14 47	14 59	15 13	15 17	15 29	15 43	15 47	15 59	16 13	16 17	16 29	16 43	16 47	16 59	17 13	17 17	17 29
Southend East		14 01	14 15	14 19	14 31	14 45	14 49	15 01	15 15	15 19	15 31	15 45	15 49	16 01	16 15	16 19	16 31	16 45	16 49	17 01	17 15	17 19	17 31
Southend Central	a	14 04	14 18	14 22	14 34	14 48	14 52	15 04	15 18	15 22	15 34	15 48	15 52	16 04	16 18	16 22	16 34	16 48	16 52	17 04	17 18	17 22	17 34
Southend Central	d	14 04	14 18	14 22	14 34	14 48	14 52	15 04	15 18	15 22	15 34	15 48	15 52	16 04	16 18	16 22	16 34	16 48	16 52	17 04	17 18	17 22	17 34
Westcliff		14 06	14 20	14 24	14 36	14 50	14 54	15 06	15 20	15 24	15 36	15 50	15 54	16 06	16 20	16 24	16 36	16 50	16 54	17 06	17 20	17 24	17 36
Chalkwell		14 09	14 23	14 27	14 39	14 53	14 57	15 09	15 23	15 27	15 39	15 53	15 57	16 09	16 23	16 27	16 39	16 53	16 57	17 09	17 23	17 27	17 39
Leigh-on-Sea		14 11	14 26	14 30	14 41	14 56	15 00	15 11	15 26	15 30	15 41	15 56	16 00	16 11	16 26	16 30	16 41	16 56	17 00	17 11	17 26	17 30	17 41
Benfleet		14 16	14 31	14 35	14 46	15 01	15 05	15 16	15 31	15 35	15 46	16 01	16 05	16 16	16 31	16 35	16 46	17 01	17 05	17 16	17 31	17 35	17 46
Pitsea		14 22	14 34	14 40	14 52	15 04	15 10	15 22	15 34	15 40	15 52	16 04	16 10	16 22	16 34	16 40	16 52	17 04	17 10	17 22	17 34	17 40	17 52
Basildon		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
Laindon		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
West Horndon		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
Stanford-le-Hope		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
East Tilbury		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
Tilbury Town		14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42	16 56	17 08	17 12	17 26	17 42	17 56	18 08	18 22	18 36	18 50	19 04	19 18
Grays		14 35	15 00	15 05	15 30	15 35	15 50	16 00	16 05	16 30	16 35	16 50	17 00	17 05	17 30	17 35	17 50	18 00	18 05	18 30	18 35	18 50	19 00
Purfleet		14 50	15 20	15 25	15 50	15 55	16 10	16 20	16 25	16 50	16 55	17 10	17 20	17 25	17 50	17 55	18 10	18 20	18 25	18 50	18 55	19 10	19 20
Rainham		15 02	15 32	15 37	16 02	16 07	16 22	16 32	16 37	17 02	17 07	17 22	17 32	17 37	18 02	18 07	18 22	18 32	18 37	19 02	19 07	19 22	19 32
Dagenham Dock		15 02	15 32	15 37	16 02	16 07	16 22	16 32	16 37	17 02	17 07	17 22	17 32	17 37	18 02	18 07	18 22	18 32	18 37	19 02	19 07	19 22	19 32
Chafford Hundred (Lakeside)		15 04	15 08	15 12	15 34	15 38	15 42	16 04	16 08	16 12	16 34	16 38	16 42	17 04	17 08	17 12	17 34	17 38	17 42	18 04	18 08	18 12	18 34
Ockendon		15 04	15 08	15 12	15 34	15 38	15 42	16 04	16 08	16 12	16 34	16 38	16 42	17 04	17 08	17 12	17 34	17 38	17 42	18 04	18 08	18 12	18 34
Upminster		14 34	15 22	15 14	15 04	15 52	15 44	15 34	15 22	15 14	15 04	14 52	14 44	14 34	14 22	14 14	14 04	13 52	13 44	13 34	13 22	13 14	13 04
Barking		14 44	15 00	15 23	15 14	15 30	15 53	15 44	15 22	15 23	15 14	15 00	14 53	14 44	14 30	14 23	14 14	14 00	13 53	13 44	13 30	13 23	13 14
Stratford		14 56	15 26	15 26	15 56	16 05	16 26	16 35	16 56	17 05	17 26	17 35	17 56	18 05	18 26	18 35	18 56	19 05	19 26	19 35	19 56	20 05	20 26
London Liverpool Street	a	15 05	15 35	15 35	16 05	16 15	16 35	16 45	17 05	17 15	17 35	17 45	18 05	18 15	18 35	18 45	19 05	19 15	19 35	19 45	20 05	20 15	20 35
West Ham		15 06	15 28	15 33	15 58	16 03	16 28	16 33	17 03	17 08	17 33	17 38	18 08	18 13	18 38	18 43	19 13	19 18	19 43	19 48	20 18	20 23	20 48
Limehouse		15 11	15 33	15 38	16 03	16 08	16 33	16 38	17 08	17 13	17 38	17 43	18 13	18 18	18 43	18 48	19 18	19 23	19 48	19 53	20 23	20 28	20 53
London Fenchurch Street	a	15 16	15 39	15 44	16 09	16 14	16 39	16 44	17 14	17 19	17 44	17 49	18 19	18 24	18 49	18 54	19 24	19 29	19 54	19 59	20 29	20 34	21 04

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Shoeburyness	d	17 39	17 43	17 55	18 09	18 13	18 25	18 39	18 43	18 55	19 09	19 13	19 25	19 39	19 43	19 55	20 09	20 13	20 25	20 39	20 43	20 55
Thorpe Bay		17 43	17 47	17 59	18 13	18 17	18 29	18 43	18 47	18 59	19 13	19 17	19 29	19 43	19 47	19 59	20 13	20 17	20 29	20 43	20 47	20 59
Southend East		17 45	17 49	18 01	18 15	18 19	18 31	18 45	18 49	19 01	19 15	19 19	19 31	19 45	19 49	20 01	20 15	20 19	20 31	20 45	20 49	21 01
Southend Central	a	17 48	17 52	18 04	18 18	18 22	18 34	18 48	18 52	19 04	19 18	19 22	19 34	19 48	19 52	20 04	20 18	20 22	20 34	20 48	20 52	21 04
Southend Central	d	17 48	17 52	18 04	18 18	18 22	18 34	18 48	18 52	19 04	19 18	19 22	19 34	19 48	19 52	20 04	20 18	20 22	20 34	20 48	20 52	21 04
Westcliff		17 50	17 54	18 06	18 20	18 24	18 36	18 50	18 54	19 06	19 20	19 24	19 36	19 50	19 54	20 06	20 20	20 24	20 36	20 50	20 54	21 06
Chalkwell		17 53	17 57	18 09	18 23	18 27	18 39	18 53	18 57	19 09	19 23	19 27	19 39	19 53	19 57	20 09	20 23	20 27	20 39	20 53	20 57	21 09
Leigh-on-Sea		17 56	18 00	18 12	18 26	18 30	18 41	18 56	19 00	19 11	19 26	19 30	19 41	19 56	20 00	20 11	20 26	20 30	20 41	20 56	21 00	21 11
Benfleet		18 01	18 05	18 16	18 31	18 35	18 46	19 01	19 05	19 16	19 31	19 35	19 46	20 01	20 05	20 16	20 31	20 35	20 46	21 01	21 05	21 16
Pitsea		18 04	18 10		18 34	18 40		19 04	19 10		19 34	19 40		20 04	20 10		20 34	20 40		21 04	21 10	
Basildon		18 08		18 22	18 38		18 52	19 08		19 22	19 38		19 52	20 08		20 22	20 38		20 52	21 08		21 22
Laindon		18 12		18 26	18 42		18 56	19 12		19 26	19 42		19 56	20 12		20 26	20 42		20 56	21 12		21 26
West Horndon		18 16			18 46			19 16			19 46			20 16			20 46			21 16		
Stanford-le-Hope			18 16			18 46			19 16			19 46			20 16			20 46			21 16	
East Tilbury			18 20			18 50			19 20			19 50			20 20			20 50			21 20	
Tilbury Town			18 26			18 56			19 26			19 56			20 26			20 56			21 26	
Grays		18 05		18 30	18 35		19 00	19 05		19 30	19 35		20 00		20 05		20 30		20 35		21 00	21 05
Purfleet		18 20			18 50			19 20			19 50			20 20		20 50			21 20			21 50
Rainham		18 32			19 02			19 32			20 02			20 32		21 02			21 32			22 02
Dagenham Dock																						
Chafford Hundred (Lakeside)			18 34			19 04			19 34			20 04			20 34			21 04			21 34	
Ockendon			18 38			19 08			19 38			20 08			20 38			21 08			21 38	
Upminster		18 52	18 22	18 44	18 34	19 22	19 14	19 04	19 52	19 44	19 34	20 22	20 14	20 04	20 52	20 44	20 34	21 22	20 52	21 14	21 04	21 52
Barking			18 30	18 53	18 44	19 00	19 23	19 14	19 30	19 53	19 44	20 00	20 23	20 14	20 30	20 53	20 44	21 00	21 23	21 14	21 30	21 53
Stratford				18 56			19 26			19 56			20 26			20 56			21 26			21 56
London Liverpool Street	a			19 05			19 35			20 05			20 35			21 05			21 35			22 05
West Ham		18 36	18 58		19 06	19 28		19 36	19 58		20 06	20 28		20 36	20 58		21 06	21 28		21 36	21 58	
Limehouse		18 41	19 03		19 11	19 33		19 41	20 03		20 11	20 33		20 41	21 03		21 11	21 33		21 41	22 03	
London Fenchurch Street	a	18 46	19 09		19 16	19 39		19 46	20 09		20 16	20 39		20 46	21 09		21 16	21 39		21 46	22 09	

To London

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Shoeburyness	d	21 09	21 13	21 25		21 39	21 43	21 55		22 09	22 13	22 25	22 39	22 43	23 09	23 29	23 33
Thorpe Bay		21 13	21 17	21 29		21 43	21 47	21 59		22 13	22 17	22 29	22 43	22 47	23 13	23 33	23 37
Southend East		21 15	21 19	21 31		21 45	21 49	22 01		22 15	22 19	22 31	22 45	22 49	23 15	23 35	23 39
Southend Central	a	21 18	21 22	21 34		21 48	21 52	22 04		22 18	22 22	22 34	22 48	22 52	23 18	23 38	23 42
Southend Central	d	21 18	21 22	21 34		21 48	21 52	22 04		22 18	22 22	22 34	22 48	22 52	23 18	23 38	23 42
Westcliff		21 20	21 24	21 36		21 50	21 54	22 06		22 20	22 24	22 36	22 50	22 54	23 20	23 40	23 44
Chalkwell		21 23	21 27	21 39		21 53	21 57	22 09		22 23	22 27	22 39	22 53	22 57	23 23	23 43	23 47
Leigh-on-Sea		21 26	21 30	21 41		21 56	22 00	22 11		22 26	22 30	22 41	22 56	23 00	23 26	23 46	23 50
Benfleet		21 31	21 35	21 46		22 01	22 05	22 16		22 31	22 35	22 46	23 01	23 05	23 31	23 51	23 54
Pitsea		21 34	21 40			22 04	22 10			22 34	22 40		23 04	23 10	23 34	23 54	23 59
Basildon		21 38		21 52		22 08		22 22		22 38		22 52	23 08		23 38	23 58	
Laindon		21 42		21 56		22 12		22 26		22 42		22 56	23 12		23 42	00 01	
West Horndon		21 46				22 16				22 46			23 16		23 46	00 06	
Stanford-le-Hope			21 46				22 16				22 46			23 16			00 05
East Tilbury			21 50				22 20				22 50			23 20			00 09
Tilbury Town			21 56				22 26				22 56			23 26			00 15
Grays			22 00		22 05		22 30		22 45		23 00			23 30			00 19
Purfleet					22 20				23 00								
Rainham					22 32				23 12								
Dagenham Dock																	
Chafford Hundred (Lakeside)			22 04				22 34				23 04			23 34			00 24
Ockendon			22 08				22 38				23 08			23 38			00 28
Upminster		21 52	22 14	22 04	22 52	22 22	22 44	22 34	23 32	22 52	23 14	23 04	23 22	23 44	23 52	00 11	00 34
Barking		22 00	22 23	22 14		22 30	22 53	22 44		23 00	23 23	23 17	23 30	23 53	23 59	00 20	00 43
Stratford				22 26				22 56				23 25					
London Liverpool Street	a			22 35				23 05				23 35					
West Ham		22 06	22 28			22 36	22 58			23 06	23 28		23 36	23 58	00 06	00 25	
Limehouse		22 11	22 33			22 41	23 03			23 11	23 33		23 41	00 03	00 11	00 30	
London Fenchurch Street	a	22 16	22 39			22 46	23 09			23 16	23 39		23 46	00 10	00 16	00 36	